

DHARMA COLLEGE ANNUAL RETREAT

LOTUS VISION:
MEANINGFUL JOURNEY



**The Dharma College Lotus Vision Retreat:
Meaningful Journey
July 13th-16th, 2020**

Body, language, and mind are the vehicles for our journey toward liberation. Each is a lotus, emerging pure and beautiful from the muddy waters of our experience. For our journey to be meaningful, we must cultivate them well and let them open fully.

Light of Lotus Master, Venerable Tarthang Tulku

Daily Schedule

Instructors: Abbe Blum, Robin Caton, Richard Dixey, Wangmo Dixey

Monday, July 13th

9-10 am Ca
1-2 pm Brazil
5-6 pm England
6-7 pm Europe

A Journey for Yourself and Others (60 minutes)
Robin, Abbe

10-10:30 am Ca
2-2:30 pm Brazil
6-6:30 pm England
7-7:30 pm Europe

Break (30 minutes)

10:30-11:15 am Ca
2:30-3:15 pm Brazil
6:30-7:15 pm England
7:30-8:15 pm Europe

The Mystery of Change
(45 minutes) Robin

11:15-11:30 am Ca
3:15-3:30 pm Brazil
7:15-7:30 pm England
8:15-8:30 pm Europe

Break (15 minutes)

11:30am-12:15 pm Ca
3:30-4:15 pm Brazil
7:30-8:15 pm England
8:30-9:15 pm Europe

Origins of Experience
(45 minutes) Richard

12:15-12:30 pm Ca
4:15-4:30 pm Brazil
8:15-8:30 pm England
9:15-9:30 pm Europe

Practice instructions

12:30-3:30 pm Ca
4:30-7:30 pm Brazil
8:30 pm-next day England
9:30 pm-next day Europe

Break (3 hours) (Includes Individual practice)

Tuesday, July 14th

8-8:45 am Ca
12-12:45 pm Brazil
4-4:45 pm England
5-5:45 pm Europe

Lotus Exploration and Practice (45 minutes)
Robin

8:45-9 am Ca
12:45-1 pm Brazil
4:45-5 pm England
5-5:45 pm Europe

Break (15 minutes)

9-10 am Ca
1-2 pm Brazil
5-6 pm England
6-7 pm Europe

Knowing What I Embody (60 minutes) Abbe

10-10:30 am Ca
2-2:30 pm Brazil
6-6:30 pm England
7-7:30 pm Europe

Break (30 minutes)

10:30-11:15 am Ca
2:30-3:15 pm Brazil
6:30-7:15 pm England
7:30-8:15 pm Europe

I am a Mirror (45 minutes) Richard

11:15-11:30 am Ca
3:15-3:30 pm Brazil
4:15-4:30 pm England
8:15-8:30 pm Europe

Break (15 minutes)

11:30am-12:15pm Ca
3:30-4:15 pm Brazil
7:30-8:15 pm England
8:30-9:15 pm Europe

Easing Past Positions (45 minutes)
Abbe, Robin

12:15-12:30 pm Ca
4:15-4:30 pm Brazil
8:15-8:30 pm England
9:15-9:30 pm Europe

Practice instructions

12:30-3:30 pm Ca
4:30-7:30 pm Brazil
8:30 pm-next day England
9:30 pm-next day Europe

Break (3 hours) (Includes Individual practice)

Wednesday, July 15th

8-8:45 am Ca
12-12:45 pm Brazil
4-4:45 pm England
5-5:45 pm Europe

Lotus Exploration and Practice (45 minutes) **Abbe**

8:45-9 am Ca
12:45-1 pm Brazil
4:45-5 pm England
5-5:45 pm Europe

Break (15 minutes)

9-10 am Ca
1-2 pm Brazil
5-6 pm England
6-7 pm Europe

Opening Fields of Inquiry (60 minutes) **Robin**

10-10:30 am Ca
2-2:30 pm Brazil
6-6:30 pm England
7-7:30 pm Europe

Break (30 minutes)

10:30-11:15 am Ca
2:30-3:15 pm Brazil
6:30-7:15 pm England
7:30-8:15 pm Europe

Identifying the Object, Staging Experience
(45 minutes) **Abbe**

11:15-11:30 am Ca
3:15-3:30 pm Brazil
4:15-4:30 pm England
8:15-8:30 pm Europe

Break (15 minutes)

11:30am-12:15 pm Ca
3:30-4:15 pm Brazil
7:30-8:15 pm England
8:30-9:15 pm Europe

Mind and the Presented World (45 minutes) **Richard**

12:15-12:30 pm Ca
4:15-4:30 pm Brazil
8:15-8:30 pm England
9:15-9:30 pm Europe

Practice instructions

12:30-3:30 pm Ca
4:30-7:30 pm Brazil
8:30 pm-next day England
9:30 pm-next day Europe

Break (3 hours) (Includes Individual practice)

Thursday, July 16th

8-8:45am Ca
12-12:45 pm Brazil
4-4:45 pm England
5-5:45 pm Europe

Lotus Practicum (45 minutes)
Practice and presentations by Lotus Trilogy Teacher Trainees

8:45-9 am Ca
12:45-1 pm Brazil
4:45-5 pm England
5-5:45 pm Europe

Break (15 minutes)

9-10 am Ca
1-2 pm Brazil
5-6 pm England
6-7 pm Europe

Intimate Encounters with Knowledge: A Dialogue (60)
Richard, Abbe, Robin

10-10:30 am Ca
2-2:30 pm Brazil
6-6:30 pm England
7-7:30 pm Europe

Break (30 minutes)

10:30-11:15 am Ca
2:30-3:15 pm Brazil
6:30-7:15 pm England
7:30-8:15 pm Europe

Lotus Exploration and Practice (45 minutes)
Wangmo, Abbe, Robin

11:15-11:30 am Ca
3:15-3:30 pm Brazil
4:15-4:30pm England
8:15-8:30 pm Europe

Break (15 minutes)

11:30am-12:30 pm Ca
3:30-4:30 pm Brazil
7:30-8:30 pm England
8:30-9:30 pm Europe

Meaningful Journey (60 minutes)
Wangmo, Richard, Abbe, Robin